

# Quick Reference Guide: Children with Special Needs (CWSN)

#### Early Intervention Services (EI) 0-3 Years

- Referral source or parent contacts District of Columbia Early Intervention program (Strong Start) to request EI services.
- Child is evaluated and eligibility for EI services is determined.
- Child is referred to AmeriHealth Caritas DC's network of El service providers.
- El service provider goes through AmeriHealth Caritas DC's preauthorization and re-authorization process.

#### Special Education Services (SES) 3-5 Years (Pre-School) and 5-21 (Kindergarten-Twelfth Grade)

- Child is transitioned out of El services.
- Child is evaluated and eligibility for SES services is determined.
- Child is referred to AmeriHealth Caritas DC's provider network if SES services are not provided at school.
- Service provider goes through AmeriHealth Caritas DC's preauthorization and re-authorization process.
- Service provider needs to include a referral from PCP with preauthorization form for non-SES eligible children.

#### Treatment Requests, Pre-Authorizations and Re-Authorizations

- Initial authorizations are for three (3) months.
- Re-authorizations are for three (3) months.
- AmeriHealth Caritas DC reserves the right to adjust the length of the authorization period on a case-by-case basis.
- Initial treatment requests must include:
- Evidence of Diagnosis
- Treatment Plan
- Request for assessments should include hours, type of assessment and clinical justification for the hours being requested.

### **Concurrent Reviews**

- Re-authorization requests and documentation must be submitted three (3) weeks prior to the end of the authorized period.
- Submit treatment update with graphical display of progress, including:
- Mastered Targets
- Continuing Targets
- New Goals
- Include explanation of behavior patterns and lack of progress.
- Treatment updates should also include:
- Hours and Codes
- Psychological Update
- Goals
- Transition Plan
- Crisis Management Plan
- Supervision Protocol (where applicable)

# **Treatment Plan Requirements**

- Meets Medical Necessity
- Goals Must be: Objective, Measurable and Related to the Main Deficits of Autism
- Baseline and Mastery Criteria
- Transition Plan to Lower Level of Care
- Crisis Management and Behavior Reduction Plan
- Parent Goals
- Psychological Documentation
- Supervision and Treatment Planning Hours

# **Treatment Update Requirements**

- Mastered Behavior Targets
- Continuous Behavior Targets
- Goals (New Goals and Baseline)
- Psychological Update
- Behavior Data with Explanation of Any Lack of Progress
- Crisis Management Plan
- Transition Plan
- Supervision Protocol (only applicable to agencies providing ABA services)
- Hours and Codes Requested for Subsequent Treatment Period
- Re-Authorization Approval Notification Sent to Parent and Provider

# Denials

- ABA Therapies that are not evidence based and, therefore, do not demonstrate a beneficial health outcome.
- ABA Treatment that is inconsistent with accepted standards of practice or AmeriHealth Caritas DC's best practice guidelines for the treatment of Autism Spectrum Disorders.
- Services that are covered as part of the Individual Education Plan.
- Treatment Plans that do not take into consideration AmeriHealth Caritas DC's stated requirements, e.g. Treatment Plans that do not reflect coordination of care with other providers.
- Treatment updates that do not take into consideration AmeriHealth Caritas DC's stated requirements, e.g. treatment updates that do not contain a graphical display of behavior data.
- Treatment that does not meet Medical Necessity criteria.
- ABA services that exceed the necessary period for effective treatment, diagnosis, evaluation and crisis intervention.

## Assessment Types

- 1. Skills Assessment:
  - Speech and Language (ABLLS, VB-MAPP, etc.)
- 2. Behavior Assessment: Functional Behavior Assessment (FBA)
- 3. Cognitive Assessment: Wechsler Intelligence Scales
- 4. Developmental Assessment:

98960-HN

Battelle Developmental Inventory 2<sup>nd</sup> Edition (BDI-2)

# Reimbursement Codes CPT Code Description 98960-HO Cognitive Skills Development (ABA Services rendered by BCBA)

99080	ABA Treatment Plan Update
97532	Developmental Therapy-Special Instruction
55108	Behavior Assessment & Initial Treatment Plan Single Clinician
55108.HT	Behavior Assessment & Initial Treatment Plan Multi-Clinician
96110.HT	Developmental Assessment (BDI) Multi-Clinician
96111	Developmental Evaluation and Assessment (AEPS)

Cognitive Skills Development (ABA services rendered by BCaBA)

Reimbursement is based on a contractual or single case agreement with AmeriHealth Caritas DC.

